

Frequency	Callsign	Mode	Notes
144.200	Simplex	SSB	SSB Calling frequency
146.520	Simplex	FM	FM Simplex Calling
146.540	Simplex	FM	
146.560	Simplex	FM	
146.580	Simplex	FM	
147.520	Simplex	FM	
147.540	Simplex	FM	
147.560	Simplex	FM	
147.580	Simplex	FM	
147.585	Simplex	FM	C.A.R.E Club simplex frequency
147.600	Simplex	FM	
222.100	Simplex	SSB	SSB Calling frequency
223.400	Simplex	FM	
223.420	Simplex	FM	
223.440	Simplex	FM	
223.460	Simplex	FM	
223.480	Simplex	FM	
223.500	Simplex	FM	FM Simplex Calling
223.520	Simplex	FM	
445.800	Simplex	FM	
445.825	Simplex	FM	
445.850	Simplex	FM	
445.875	Simplex	FM	
446.000	Simplex	FM	FM Simplex Calling